

AR- Activity Room
CR- Conference Room
Delta AR Activities

KEY:

Alpha Solarium Activities
Bravo Solarium Activities
Charlie Solarium Activities

Outings (off OVHL campus)
One on Ones

January OVHL 2026 Recreation Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation Director Bess Nichols Email: bess.nichols@ovhlebanon.org Phone/Text: 541-409-6569 *Contact Bess for Non-Medical Transports via phone/text/in person*	HAPPY BIRTHDAY 01/01 James D. 01/02 Walter N. 01/03 Rudy P. 01/04 Bob F. 01/09 Gary S. 01/13 Ray W. 01/13 Mark L. 01/15 Jan C. 01/19 Caveman M. 01/24 Greg S. 01/27 Les J. 01/31 Leroy V. 01/31 Kent T.	Calendar may change due to weather, volunteer and Veteran request/needs. Contact Recreation with concerns. R.E.D Friday: Remember Everyone Deployed by wearing RED	Alpha: Jacqui.oconner@ovhlebanon.org or ext. 5553 M-F Bravo: Tisha.Kauffman@ovhlebanon.org Su-Th, or ext. 5556 for Charlie: Avery.Shields@ovhlebanon.org or ext. 5556 Tu-Sa Delta: Madeline.Neilson@ovhlebanon.org or ext. 5113 M-F	1 Anna & Avery OFF 1000 Bingo- AR 1400 Happy Hour and Karaoke in the AR PM Video Calls	2 R.E.D. Friday 1000 Mexican Train 1000 Yearly Goals and Coffee Chat 1300 Salt Crystal Art 1400 Texas Holdem' W/ Jax PM Video Calls	3 1000 Beading with Leonard 1030 Projected Events and Donuts 1300 Catholic Services on Ch 2500 1400 Games PM Video Calls
4 0900 Bravo Walmart 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls	5 1230 Rio Theater: Avatar 3 w/Jax & Tisha 1300 Pinochle 1400 Church in the AR 1445 Chair Yoga w/Alyson PM Video Calls	6 0900 Charlie Walmart 0900 Projected Events and Doughnuts 1030 Active Games 1300 Moving to Music/Meditation 1400 Building Model Planes 1400 Cribbage w/ Tisha 1500 Aggravation 1600 Boxing w/Megan	7 0900 Alpha Bimart/Dollar Store 1000 Poker Group w/Tisha 1030 Making/Painting Magnets 1400 Scott Anderson Magic Show "The Cabaret: A Night of Illusion!" 1530 Chair Yoga w/Alyson PM Video Calls	8 1000 NO LIMIT Bingo- AR 1400 Happy Hour and Karaoke in the AR PM Video Calls	9 R.E.D. Friday 1000 Mexican Train 1000 Baking in C2 1300 Games with Pioneer in the AR 1430 Texas Holdem' W/ Jax PM Video Calls	10 1000 Beading with Leonard 1030 Music Trivia 1300 Catholic Services on Ch 2500 1400 Uno PM Video Calls

11 1030 Ballon Bop 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls	12 Jax off, Avery Work 1030 Projected Events & Donuts 1030 Jeopardy and Snacks w/Avery 1300 Pinochle 1300 Aggravation w/Avery 1400 Trivia B3 1400 Church in the AR 1445 Chair Yoga w/Alyson	13 0900 Making Chili in A3 1000 Bravo/Charlie Thrift Store 1400 All Staff 1530 Chess in C3 1530 Name that tune 1530 Yahtzee PM Video Calls	14 1000 Poker Group w/Tisha 1030 Games with Pioneer in the AR w/Jax & Anna 1030 Charlie Lunch at Fuji Japanese Steakhouse 1400 Baking Cupcakes in B2 1330 Moving to Music 1500 Making Shower Steamers 1530 Chair Yoga w/Alyson PM Video Calls	15 1000 Bingo- AR 1000 Alpha Lunch at the Outback Steakhouse 1400 Happy Hour and Karaoke in the AR PM Video Calls	16 R.E.D. Friday Jax off, Alyson Work 1000 Mexican Train w/Alyson 1030 Making Stained Glass Frames 1300 Trivia 1400 Texas Holdem' W/ Alyson PM Video Calls	17 1000 Beading with Leonard 1015 UO Basketball vs University of Michigan 1300 Catholic Services on Ch 2500 PM Video Calls
18 1030 Ballon Bop 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls	19 0900 Swimming at the Lebanon Community Pool w/Jax & Anna 1030 Arts and Crafts 1300 Aggravation 1300 Pinochle 1400 Trivia B3 1400 Church in the AR 1445 Chair Yoga w/Alyson PM Video Calls	20 0800 Bravo Brunch at Elmer's 1000 Trivia and Hot Cocoa Bar 1030 Moving to Music 1300 Resident Council 1430 Cribbage w/Tisha 1430 Parkinson's Support Group 1600 Boxing w/Megan PM Video Calls	21 1000 Poker Group w/Tisha 1000 Bowling at Lakeshore Lanes w/Jax 1400 Yahtzee w/Tisha 1430 Skip Bo 1430 Name That Tune 1530 Chair Yoga w/Alyson PM Video Calls	22 1000 NO LIMIT Bingo- AR 1400 Happy Hour & Bean Auction PM Video Calls	23 R.E.D. Friday 1000 Mexican Train 1100 PVA Air Gun Competition w/Avery 1400 Texas Holdem' W/ Jax PM Video Calls	24 1000 Beading with Leonard 1000 Charlie A&W Country Drive 1300 Catholic Services on Ch 2500 1400 Games PM Video Calls
25 1000 Bravo A&W Country Drive 1400 Bingo in the AR 1545 Church Serv. CH 2500 PM Video Calls	26 1030 Board Games 1030 Jeopardy and Snacks 1300 Pinochle 1300 Aggravation 1400 Trivia B3 1400 Church in the AR 1445 Chair Yoga w/Alyson PM Video Calls	27 1030 Active Games 1200 Russian Cultural Diversity Lunch- RSVP Only 1400 Name that tune 1500 Chess in C3 1500 Hand and Foot PM Video Calls	28 0800 Spirit Mountain Casino w/Bess & Avery 1000 Poker Group W/Tisha 1030 Moving to Music 1330 Making Sensory Boards for Delta 1430 Painting 1530 Chair Yoga w/Alyson PM Video Calls	29 0900 Alpha Lebanon Wal Mart 1000 Bingo- AR 1400 Happy Hour/Bday Celebration and Karaoke in the AR PM Video Calls	30 R.E.D. Friday 0900 Charlie Fred Meyer 1000 Mexican Train 1300 Building Model Engine 1400 Texas Holdem' W/ Jax PM Video Calls	31 1000 Beading with Leonard 1030 Oregon Sports Trivia 1300 Catholic Services on Ch 2500 1400 Skip Bo PM Video Calls